



Fall 2025 Schedule

September 21 - December 12

Monday	Tuesday	Wednesday	Thursday	Friday			Saturday	Sunday
Level 2 Ages 6-10 4:30-5:30pm	Level 3 Ages 7-12 4:30-5:30pm	Level 3 Ages 7-12 4:30-5:30pm	Level 2 Ages 6-10 4:30-5:30pm	Side Aerial Clinic Ages 7+ 4:30-5:30pm	Front Aerial Clinic Ages 7+ 4:30-5:30pm	Beg - Int Pilates & Dance Technique Clinic 4:30 - 6:00pm ages 6+	Level 1 Ages 4-6 9:30-10:30am	Level 4 Ages 7+ 9:30-11:00am
Level 4 Ages 7+ 5:30-7:00pm	Level 5 Ages 7+ 5:30-7:00pm	Level 5 Ages 7+ 5:30-7:00pm	Level 4 Ages 7+ 5:30-7:00pm	Back Handspring Clinic Ages 7+ 5:30-6:30pm	Back Layout Clinic Ages 7+ 5:30-6:30pm	Int - Adv Pilates & Dance Technique Clinic 6:00-7:30pm ages 9+	Level 2 Ages 6-10 10:30-11:30am	Level 6 Ages 7+ 11:00-12:30pm
Aerial Clinic (side & front) Ages 7+ 7:00-8:00pm	Back Handspring Clinic Ages 7+ 7:00-8:00pm	Back Handspring Clinic Ages 7+ 7:00-8:00pm	Aerial Clinic (side & front) Ages 7+ 7:00-8:00pm	September 26 October 24 November 21	October 17 November 14 December 12	September 19 October 3 November 7 December 5	Level 3 Ages 7-12 11:30-12:30pm	Level 7 Ages 7+ 12:30-2:00pm
							Aerial Clinic (side & front) Ages 7+ 12:30-1:30pm	Back Layout Clinic Ages 7+ 2:00-3:00pm

ensure to review our levels
to find the appropriate class

No Class Oct 12 | Make Up Class Dec 14
No Class Oct 13 | Make Up Class Dec 15

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